

Wrap up Meeting

How to make Ball Handling Decisions / Calls

Test Questions

Reconvene about 1 month

Physics of Volleyball

- Volleyball is a REBOUND Sport
- Catching the Ball – BAD
- Throwing the Ball – BAD
- Prolong contact with Ball – BAD
- Spectatcular Plays – GOOD
- Long Rallies - GOOD

Ball Handling

- Fore Arm Pass / Bump
- Overhand Pass / Setting
- Hitting
- Blocking
- Tipping, Power Tip
- Joust

What does Volleyball Want

- Longer Rallies
- Spectacular actions
- Only most OBVIOUS VIOLATIONS are WHISTLED
- Spectatcularity – GOOD WORD
- Egreious – BAD WORD

Situational Ball Handling

- 1st Ball
- 2nd Ball
- 3rd Ball

What Volleyball DOESN'T Want

- USA Volleyball
- Catches or Throws the Ball
- 3rd ball FREE from Visible double contact
- FHSAA
- Visibly come to REST
- Prolong contact